Your Child’s Early Development is a Journey

Check off the milestones your child has reached and share your child’s progress with the doctor at every visit.

Does your baby have any teeth yet?
To promote dental health, your child should see a pediatric dentist when the first tooth appears, or by the 1st birthday.

BIRTH–4MOS
- Coos, makes gurgling sounds
- Looks at you and seems to listen
- Babble with expression
- Likes to be picked up and held

6 MONTHS
- Responds to name
- Begins to say sounds such as “m” and “b”
- Smiles at you and other family members

9 MONTHS
- Understands “no”
- Shows interest in things such as people, toys, and foods

9mo Screening Date
- on track
- follow up

12 MONTHS
- Uses simple gestures like waving “bye-bye”
- Pulls up to stand
- Likes to play games such as peekaboo

18 MONTHS
- Says several single words
- Follows simple directions
- Points to show something interesting

18mo Screening Date
- on track
- follow up

24/30 MONTHS
- Points to things or pictures when named
- Says sentences with 2 to 4 words
- Likes to be hugged or cuddled

24/30mo Screening Date
- on track
- follow up

3 YEARS
- Follows instructions with 2 to 3 steps
- Climbs well
- Plays well with others

3 YEARS
- Tells stories
- Draws a person with 2 to 4 body parts
- Shows concern for other people’s feelings

4 YEARS
- Speaks clearly
- Says name and address
- Takes turns when playing

5 YEARS
- Speaks clearly
- Says name and address
- Takes turns when playing

Is your child on track?
Developmental Screenings at 9, 18 and 24/30 months help you and your doctor monitor your child’s development.

These are just a few of the milestones to look for!
For further developmental information and assistance contact your local Help Me Grow or visit helpmegrowca.org

It’s never too early to talk, read, and sing to a child!