

# Your Child's Early Development is a Journey

Check off the milestones your child has reached and share your child's progress with the doctor at every visit.

Child's Name \_\_\_\_\_

## Does your baby have any teeth yet?

To promote dental health, your child should see a pediatric dentist when the first tooth appears, or by the 1st birthday

First Dentist Appointment \_\_\_\_\_

### BIRTH-4MOS

- Coos, makes gurgling sounds
- Looks at you and seems to listen
- Babbles with expression
- Likes to be picked up and held

### 6 MONTHS

- Responds to name
- Begins to say sounds such as "m" and "b"
- Smiles at you and other family members

### 9 MONTHS

- Understands "no"
- Shows interest in things such as people, toys and foods

### 12 MONTHS

- Uses simple gestures like waving "bye-bye"
- Pulls up to stand
- Likes to play games such as peekaboo



### 3 YEARS

- Follows instructions with 2 to 3 steps
- Climbs well
- Plays well with others

### 24/30 MONTHS

- Points to things or pictures when named
- Says sentences with 2 to 4 words
- Likes to be hugged or cuddled



24/30mo Screening Date \_\_\_\_\_

on track  follow up

### 18 MONTHS

- Says several single words
- Follows simple directions
- Points to show something interesting



18mo Screening Date \_\_\_\_\_

on track  follow up



### 4 YEARS

- Tells stories
- Draws a person with 2 to 4 body parts
- Shows concern for other people's feelings

### 5 YEARS

- Speaks clearly
- Says name and address
- Takes turns when playing



## Is your child on track?

Developmental Screenings at 9, 18 and 24/30 months help you and your doctor monitor your child's development

These are just a few of the milestones to look for!

For further developmental information and assistance contact your local Help Me Grow or visit

[helpmegrowca.org](http://helpmegrowca.org)

It's never too early to talk, read, and sing to a child!



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